## Hot Mulled Christmas Wine

## What is Mulled Wine?

A traditional mulled wine recipe consists of wine usually red that is heated with a mix of whole warming spices and other optional in gredients like apple cider, citrus and brandy.

50 ml red wine (1 bottle) - choose something fruity but not too sweet - Merlot, Red Zinfandel, or Cabernet Sauvignon all work well.

2 cups apple cider1/4 cup honey1 orange zested and juiced5 whole cloves4 green cardamom pods

2 cinnamon sticks
1 whole star anise
1/4 cup brandy
Orange slices for garnish
Cinnamon sticks for garnish

- 1) Add wine, cider, honey, orange zest and orange juice to a Dutch oven or similar large pot and stir to combine.
- 2) Add the cloves, cardamom, cinnamon stick and star anise. Bring to a simmer over medium-high heat. Reduce the heat to low and let simmer gently for 30 minutes; do not let the wine boil.
- 3) Stir in the brandy. To serve, ladle into mugs and garnish with an orange slice and cinnamon sticks.



Learn more about this recipe at https://www.wellplated.com/spiced-wine/